

## Instructions for arriving and covid-testing in Ruka

1. Every team member and members of the red team must take a coronavirus test immediately after arriving to Ruka. It is the utmost priority and must be taken before entering to accommodation.
  - The only exception can be done if you are arriving after the testing point has closed (after 9 pm). Only in this case it is allowed to enter accommodation first. The accommodation office has sent the necessary information concerning your accommodation by email to you, or to your team leader. If you have booked your own accommodation, follow the instructions they have delivered. In this case, please, take the coronavirus test first thing in the next morning.
2. In testing, be prepared for queuing. Go to toilet and eat/drink before testing, if necessary. Testing happens as a drive in-model. Those who arrive for testing by car, will be tested while seated. Those who arrive by bus will have to go out for testing. However, please wait for your turn in the bus.
3. After the testing go to your assigned accommodation. An airport bus will take you to your accommodation place. The accommodation office has delivered the necessary information by email. If you have booked your own accommodation, follow the instructions they have delivered.

After the testing you will be in voluntary quarantine as long as you receive your test result. The test result should be ready in 6 hours. During the voluntary quarantine it is NOT allowed to go to shops, supermarket, restaurant, stadium, event office etc. After getting the negative test result you will enter into Ruka bubble. Please, be aware of the instructions concerning red bubble.

4. You will get your accreditation card after a negative test result. You can enter to the stadium, event office and competition restaurants only with accreditation card.

NB. There will be queues at the testing point. To make the testing as smooth as possible, please provide the required information to the organizers by the deadline (18.11). If possible, please go to the testing point in same order as you have filled the information to the file. We ask for your patience!

## Additional information about the meals for those teams/groups who have booked full board meals through the OC / accommodation office

5. If you have informed that you will arrive to Ruka before 2 pm, it is estimated that you should receive the test results before dinner time ends. In this case, the dinner has been ordered to the restaurant assigned to you. The details of the restaurant can be found from the accommodation information.
6. If you have informed that you will arrive to Ruka after 2 pm, it is estimated that you won't receive the test results before dinner time ends. In this case the dinner has been ordered as a take away meal, and it will be delivered to your hotel room/apartment. An extra fee will be charged for the delivery. The test results should be ready by morning. After negative test result you can have breakfast in the restaurant assigned to you.
7. If you have informed, that you will arrive to Ruka after the testing point has closed (9 pm), the testing will be done in the morning. In this case, dinner has not been ordered, and the breakfast will be delivered as a take away to your hotel room/apartment in the morning. An extra fee will be charged for the delivery. Go to the testing point immediately in the morning, so you will get test results before lunch time ends.
8. If you have not informed your arrival time, the dinner will be delivered as a take away meal to your hotel room/apartment. An extra fee will be charged for the delivery. Go to the testing immediately after your arrival, so you should get the results before next morning. The breakfast of the following day has been ordered to the restaurant assigned to you. Please note, that you CANNOT enter the restaurant before you have received a negative result from coronavirus test.

The dining model (dining in the restaurant/a take away meal) has been decided beforehand based on the arrival details we have received from you. The ordered dinners cannot be changed afterwards.